



# PDIS HAPPENINGS

PDIS/2019-20/KG/June and July/Vol -1

## PDIS - KINDERGARTEN

### From the desk of CEO:

Dear Parents,

We have now successfully entered into the seventh academic year and are delighted to introduce this first edition of PDIS HAPPENINGS for the academic year 2019-20. We have enjoyed a wonderful start to the new academic year. The major attractions of the month were plantation of trees and doctors day card activity. I am also amazed to see the way these young children prepared for their 1st Talent Hunt Activity i.e. Rhyme Zone. This year I have planned many such exciting activities for the students. I strongly feel that as parents and educators, it is our job to provide students with the best possible tools and skills for lifelong learning and success.

Thank you,

Dr. Vidya Ramgopal

### Gladiolus (Sr. KG)

COUNSELOR'S COLUMN	HEALTH TIPS	UPCOMING CELEBRATIONS
<p style="text-align: center;"><b>Habit disorder.</b></p> <p>A habit is a learned behavior that a person repeats so often that he or she begins to do it without even thinking about it. Certain habits can be helpful as they have some purpose, like the habit of washing your hands before having food.</p> <p>Other habits may seem to serve no particular purpose, like hair twirling. These habits often are built unknowingly. They can include behavior like thumb sucking; nail biting, or chewing on the end of a pencil. Such habits may begin as self-soothing forms of behavior and may help relieve stress. But often, long after the need for that type of soothing is generalized and the learned habit continues. Some habits are annoying, and some can cause distress or become the focus of teasing; it is called habit disorder.</p>	<p style="text-align: center;"><b>PRECAUTION TO BE TAKEN IN RAINY SEASON FOR CHILDREN</b></p> <ol style="list-style-type: none"> <li>1) Take bath after getting wet in the rain so that the germs don't cause infection.</li> <li>2) Use boiled and/or filtered water for drinking.</li> <li>3) Take healthy food which is rich in vitamin C.</li> <li>4) Don't eat raw vegetable and pre-cut fruit. Wash all fruits and vegetables with a teaspoon of salt and water before use.</li> <li>5) Keep your house and surrounding clean and empty the water container or cover them to avoid mosquito breeding.</li> <li>6) Wash your hands with soap and water properly.</li> <li>7) Trim nails on time and avoid the habit of nail biting.</li> <li>8) Avoid being outside for long hours during monsoon.</li> </ol>	<p>7<sup>th</sup> August –Talent Hunt 2- (Shloka Recitation).</p> <p>21<sup>st</sup> August –Talent Hunt 3- Little Artist (Drawing Competition) (Nursery, JR. KG. &amp; SR.KG)</p> <p>23<sup>rd</sup> August – Dahi Handi Celebration. (Children have to come in Traditional attire).</p> <p>Important Dates to Remember :</p> <p>20<sup>th</sup> August – Field Trip 1- Nursery, Jr.KG and Sr.KG.</p> <p>Please refer school <b>almanac (diary) page number 58</b> for all the celebrations, events and Talent Hunt activities.</p>

## SCHOOL SYLLABUS FOR THE MONTH OF JUNE AND JULY 2019

<p style="text-align: center;"><b><u>NUMERACY</u></b></p> <ul style="list-style-type: none"> <li>• Identification and counting numbers (1 to 50).</li> <li>• Missing numbers 1 to 20.</li> <li>• Pre-mathematical Concept: Big &amp; Small, Tall &amp; Short, Same &amp; Different, Long and Short.</li> <li>• Concept of Before, After &amp; between. Introduction to number line. Shape: Circle.</li> <li>• Backward counting of numbers from 10 to 1 and 20 to 11.</li> <li>• Firefly Numbers book pg nos. 4,6,7,8,9,11,14,16,17,45,46,79.</li> <li>• Number names One to Twenty.</li> </ul>	<p style="text-align: center;"><b><u>PHYSICAL DEVELOPMENT</u></b></p> <ul style="list-style-type: none"> <li>• Meditation and warm up exercises.</li> <li>• Mass PE sitting exercises.</li> <li>• Horse walk and monkey walk race.</li> <li>• Game of shuttle race running.</li> <li>• Kicking the ball in specified direction.</li> <li>• Zigzag running through the cones.</li> <li>• Crawling below the hurdles.</li> </ul>	<p style="text-align: center;"><b><u>READING A STORY</u></b> <b><u>THE ANT AND THE DOVE</u></b></p> <p>On a hot day, an ant was searching for water. After walking around she came to a river. While walking on her way to water, she slipped and fell into the water. There was a dove sitting on a tree nearby. He saw that the ant is in trouble. So the dove quickly plucked off a leaf from a tree and dropped it into the water. The ant moved and climbed up the leaf. Soon it carried her safely to the ground. Just after some time, a hunter nearby was throwing out his net to trap the dove. Seeing this, the ant quickly went and bit the hunter on his feet. Feeling the pain the hunter dropped his net. The dove was quick to fly away safely.</p> <p><b>MORAL- One good turn deserves another.</b></p>
<p style="text-align: center;"><b><u>PERSONAL, SOCIAL AND EMOTIONAL DEVELOPMENT</u></b></p> <ul style="list-style-type: none"> <li>• Self-Control and self-discipline.</li> <li>• Sharing and caring.</li> <li>• Respecting and obeying family members.</li> <li>• Importance of doctors in society.</li> <li>• Importance of yoga in daily life.</li> <li>• Role played by family members in family.</li> <li>• Importance of healthy eating habits.</li> <li>• Importance of eating fresh fruits and washing the fruits before eating.</li> </ul>	<p style="text-align: center;"><b><u>COMMUNICATION, LANGUAGE AND LITERACY - WRITING SKILL :-</u></b></p> <ul style="list-style-type: none"> <li>• Reading and writing of sight words and learning words.</li> <li>• ‘at’, ‘an’, ‘ap’, ‘ag’, ‘am’, ‘ay’, ‘ar’, ‘ed’, ‘eb’, ‘eg, word families and sentences writing.</li> <li>• Vocabulary: - Family. Sources of food &amp; food items, methods of cooking, names of fruits.</li> <li>• Questions and answers on family and name of fruits.</li> </ul> <p><b>Reading skill:-</b>Reading words and short sentences with beginning sound.</p>	<p><b><u>Read and write answers:</u></b></p> <p style="text-align: center;"><b><u>THE BOY</u></b></p> <p style="text-align: center;"><b>I can see the boy.</b></p> <p style="text-align: center;"><b>The boy has a ball.</b></p> <p style="text-align: center;"><b>The ball is big.</b></p> <p style="text-align: center;"><b>He likes the ball.</b></p>
<p style="text-align: center;"><b><u>KNOWLEDGE &amp; UNDERSTANDING OF THE WORLD</u></b></p> <ul style="list-style-type: none"> <li>• <b>FAMILY-</b> Awareness of value and importance of family and family members. Joint family &amp; Nuclear family. Role of family members.</li> <li>• <b>Food:</b> - Healthy &amp; Junk food items. Dairy products and food grains. Sources of food. Methods of cooking.</li> <li>• <b>Fruits</b> – Identify and name some common fruits. Citrus fruits</li> <li>• Fruits with one, few, many seeds and. Uses and benefits of fruits.</li> <li>• Encourage children to eat more</li> </ul>	<p style="text-align: center;"><b><u>CREATIVE DEVELOPMENT</u></b></p> <p style="text-align: center;"><b>Art &amp; Craft</b></p> <ul style="list-style-type: none"> <li>• Drawing / colouring: basic shapes, Pumpkin, healthy &amp; junk food items.</li> <li>• Craft – Basic paper folds, Origami friendship band, thumb print on grapes.</li> </ul> <p style="text-align: center;"><b>Dance</b></p> <ul style="list-style-type: none"> <li>• Learning new dance steps on English song.</li> </ul> <p style="text-align: center;"><b>Music</b></p> <ul style="list-style-type: none"> <li>• Vocal singing of rhymes on mike with keyboard rhythm.</li> </ul>	<ol style="list-style-type: none"> <li>1. I can see the _____ a. Dog b. Cat c. Boy</li> <li>2. The boy has a _____ a. Dog b. Ball c. Car</li> <li>3. The _____ likes the ball. a. Boy b. Cat c. Ball</li> </ol>

fruits.